



The Mermaid Wave Journal

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Stephanie's Corner

By Stephanie Leon Neal



The Central Universal Precept of Humanity

The Universal precept of justice without bias is at the heart of all action and manifestation. As an individual, you continually express justice through your actions, creating ripples of justice that build toward redemption—whether practical or spiritual. This ongoing process lays the foundation for equilibrium, the essence of the Great Work. The doctrine of equilibrium, exemplified in every major arcana card and every Universal principle, is founded upon justice.

By living with moral courage, you embody justice and love, expressing both through your life and actions, like a never-ending heartbeat within you.

Free will exists to allow you to consciously choose how to express your unique life, using your instinctive gifts.

Justice is the light radiating through you.

The Wave

<https://www.facebook.com/groups/2988075211324436>

Love & Blessings,

Stephanie Neal

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Voices From the Sea

By Rv Silas Mimir AP~

Instead of the usual channelled message this month, I'll leave you with an original Charge of the Gods of Justice.

Charge of the Gods of Justice

Listen to the words of the Gods of Justice, known by many names, Maat, Themis, Dike, Justitia, Durga, Inanna, Baldr, Forseti, Yama, Marduk, Mithra, Nemesis, Tyr, Thoth, Anubis, Isis, Dharma, Varuna, and all those as left unnamed.

“The time of Justice and balance is upon us. Listen to and heed my words.

Those that would take advantage and commit great acts of violence, beware of my wrath.

I come in many ways and many forms.

I will right the wrongs with severe consequences of how I see fit.

Now is the time to fix your own wrongdoings before I fix them for you.

I have waited patiently for the wrongs to be righted, however you have not shown love and compassion to your fellow man.

Instead, you spread hate and anger. You fail to listen with an open mind. You fail to listen to facts.

You have failed.

Why has this happened? Love and compassion are easy. Hate and anger require much more effort. Why choose the hard way?

Remember, the scales of justice weigh every deed. Embrace love, compassion, and truth, for these are the paths to harmony.

The balance of the cosmos depends on your actions. The time of reckoning is now.

May your actions reflect the justice you seek, and may you live in a world where fairness reigns supreme.

Justice is a dish best served cold.

It will be served, and I will not hold back. Heed my words my children lest you receive this wrath.”

Whispers From the Sea

By Rv Stacey Blair AP~

Awakening the Inner Flame

Find a comfortable seated or resting position.

Allow your hands to rest easily.

Soften your jaw.

Unclench your tongue.

Let your eyes close.

Take a slow breath in through your nose... and exhale gently through your mouth.

Again — breathing in...

and breathing out... longer this time.

With each breath, feel yourself arriving more fully here.

Imbolc is the festival of first light — the quiet promise that winter is loosening its hold.

The earth is still, but not asleep.

Life is stirring beneath the surface.

Imagine now that you stand in a peaceful winter field at dawn.

The ground is pale with frost.

The air is crisp and clean.

The sky is soft gray-blue — just before sunrise.

In the distance, you see a small flame glowing — steady and warm.

You begin walking toward it.



With each step, notice your breath forming mist in the air.
Notice the silence — not empty, but full of waiting.

As you approach, you see the flame rests in a simple lantern.
It burns without smoke, without flicker — constant and calm.

This flame is your inner light.
Your creative spark.
Your resilience through the dark season.

Sit beside it now.

Hold your hands near the lantern and feel its warmth.
Not hot — but deeply comforting.
Like recognition.
Like truth.

Ask quietly within:

What in me is ready to awaken?
What small light wants tending?
What new beginning is forming beneath the surface?

Do not force an answer.
Simply listen.

You may sense a word...
an image...
a feeling...
or only stillness — which is also an answer.

Now imagine that the flame grows slightly brighter.
Not larger — but clearer.

Its light spreads into your chest.
A warm glow behind your heart.

With each breath in, the glow strengthens.
With each breath out, it spreads through your body —
through your shoulders...

your belly...
your hands...
your feet.

You are carrying the returning light.

Winter has not been wasted time.
It has been gestating.
Root-building.
Quiet preparation.

Say silently to yourself:

I honor what has rested.
I welcome what is beginning.
I tend my inner flame.

The horizon now begins to brighten.
The first gold line of sunrise appears.

You stand, holding the lantern.
When you are ready, you place it gently
within your heart —
where it remains, steady and eternal.

Take three slow breaths.

Wiggle your fingers.
Wiggle your toes.
Roll your shoulders softly.

When you open your eyes, bring the quiet light with you.



Deep Sea Inspirations

By Rev. Bradley Quisenberry Foster/Fosterberry

Imbolc shows up while we are still tired,
still carrying things we hoped would feel lighter by now,
still trying to trust ourselves again.

The ground is cold,
But something underneath it never stopped choosing life,
and that matters.

I light a candle not because anything is finished,
But because staying deserves witness.
Because effort still counts even when there is
no audience.

This season is quieter than people expect.
It asks for attention, not performance.
It asks you to notice what you keep coming
back to,
What refuses to die off,
What asks to be handled with care instead of
force.

I am placing intentions into frozen earth and
not rushing them.
Trusting warmth I cannot feel yet.
Trusting myself to remain present while things
take their time.

Imbolc asks what I am done dragging forward,
What I am ready to stop tearing down,
What part of me is still breathing even when I barely hear it?

I choose to tend what wants to live,
without guarantees,
without timelines,
without needing proof first.

The light is not rushing in.
It is learning how to stay.
And so am I.

Blessed Be

May your forge burn bright,



Rev Bradley Quisenberry Foster/Fosterberry

Hand-Made Projects

Imbolc Intention Candle Jar

A symbolic craft focused on light returning, new beginnings, and planting intentions for the coming season.

Meaning

Imbolc celebrates the first stirrings of spring, inspiration, and the growing light. This candle jar becomes both décor and a working intention piece you can light throughout the season.

Supplies

- Container & Base
- Small glass jar or heat-safe vessel
- Soy or beeswax candle (tealight or small pillar)
- Sand, salt, or dried rice (for candle stability)
- Botanical Elements
- Dried herbs or flowers (choose 3–5)
- Rosemary — clarity & protection
- Lavender — peace
- Chamomile — hope & warmth
- Rose — heart energy
- Bay — wishes & goals
- Dried orange peel — returning sun
- Decor
- White or gold ribbon or twine
- Small charm or pendant (sun, key, leaf, spiral, etc.)
- Paper + pen
- Optional: crystals (clear quartz, citrine, moonstone)

Instructions

Step 1 — Prepare the Base



Fill the jar bottom with sand/salt/rice. Nestle the candle securely in the center.

Step 2 — Choose Your Focus

Have each participant choose a single Imbolc intention, such as:

Renewal

Creativity

Health

New projects

Inner clarity

Courage

Write it on a small folded paper and place it under or beside the candle.

Step 3 — Add Botanical Layers

Add herbs and dried flowers around the candle in small pinches. As each is added, speak or think a corresponding wish:

Example:

“Rosemary for clear thought”

“Lavender for calm days ahead.”

Encourage slow, mindful placement.

Step 4 — Seal with Symbol

Tie ribbon or twine around the jar neck. Attach a charm or a crystal.

Optional: drip a little melted wax over the knot to “seal” the intention.

Step 5 — First Lighting Ritual

When finished, light the candle and say:

“As the light grows, so does my intention.”

Let burn for a few minutes (safely supervised), then extinguish.

Participants can relight daily or weekly through the early spring season.

Dabblings of a Green Witch

By Rev. Catherine Dragoni



I haven't had too much time to dabble in my kitchen this winter – my volunteer work for the wildlife rehab center and two different local land trusts has kept me pleasantly busy – and outside. I've surprised myself by adapting well to the outdoor conditions – so much so that if a couple of days go by without some kind of outdoor excursion, I get antsy.

At the rehab center this winter, we have been taking care of a fair number of porcupines, which were brought to us because they were suffering from either ringworm or mange. The good news is that both of these conditions are very treatable. It does mean the animals will be at the center for several months before they are released back to the wild. They are kept inside at first, and once the disease has been treated, they are transitioned to outdoor enclosures to prepare them for release.

We've been caring for up to 13 porcupines. The morning routine entails one person preparing their “platters” in the kitchen, and two other people starting the process of cleaning cages. Each species of animal has a specific diet, which is outlined for the volunteers in a notebook, so that the volunteers have guidelines that are easily followed.

The porcupine platters are made up of leafy greens and chunks of sweet potato, squash, or pumpkin, with other veggies like broccoli or brussels sprouts, and a couple of pieces of fruit. Lately, the director added avocado to their diet. Avocado is a healthy source of fat for them, and since several of the porcupines were to be transitioned outside, a good fat source was desirable for them. The avocado slices have been a hit with several of the porcupines.

And so, at the end of the morning, there are several avocado pits. Rather than throw them out, I took them home and asked other volunteers to save them for me. And now I am attempting to sprout avocado trees, suspending the pits with toothpicks in glasses of water. I've done this before, with success, so I am hopeful I'll have some baby trees sprouting in a few weeks.



Avocado is also known as the “alligator pear” for its shape and exterior skin. The pits can represent growth and prosperity. The creamy fruit is associated with beauty and love - the Aztecs considered this fruit to be an aphrodisiac. With its dense nutritional composition, it also represents nurturing and earthy richness. The leaves can be used in cleansing and protection rituals.

This will be a beneficial tree to grow! From my herbal grimoire:

Avocado

(*Persea americana*)

Planetary association: Venus

Elemental association: Earth, Water

Gender association: Feminine

Astrological association: Libra

Uses: Love, lust, beauty, health, abundance, fertility, growth, cleansing, and protection (leaves)

Baking With Herbs

Imbolc Herbal Honey Scones

A Baking with Herbs Recipe for the Festival of Light

Imbolc celebrates the first signs of spring, the hearth, and gentle renewal. These tender herbal scones feature traditional Imbolc flavors — milk, honey, and warming, bright herbs — making them perfect for a seasonal table or tea service.

Imbolc Herbal Honey Scones

Flavor profile: light, warming, slightly floral, gently sweet

Best served with: clotted cream, butter, or honey

Ingredients (Makes 8 scones)

Dry Ingredients

- 2 cups all-purpose flour
- 1 Tbsp baking powder
- ¼ cup sugar
- ½ tsp salt
- 1 tsp dried rosemary, very finely crushed
- 1 tsp dried chamomile, finely ground
- ½ tsp dried lemon balm or thyme (optional but lovely)

Wet Ingredients

- ½ cup cold butter, cubed
- ⅔ cup milk or cream
- 2 Tbsp honey
- 1 egg

Finish

- Milk or cream for brushing



- Sprinkle of herb sugar or coarse sugar (optional)

Instructions

1. Preheat the oven to 400°F / 205°C. Line a baking sheet with parchment.
2. In a large bowl, whisk together flour, baking powder, sugar, salt, and herbs.
3. Cut in the cold butter until the mixture resembles coarse crumbs.
4. In a separate bowl, whisk milk, honey, and egg.
5. Pour wet ingredients into dry and mix just until combined. Do not overwork.
6. Turn the dough onto a floured surface and gently pat it into a 1-inch-thick round.
7. Cut into 8 wedges and place on a baking sheet.
8. Brush tops with milk or cream and sprinkle with sugar if desired.
9. Bake for 12–15 minutes until golden.

Imbolc Herb Meaning in the Recipe

- Rosemary — remembrance, hearth blessing, clarity
- Chamomile — peace, solar warmth, gentle renewal
- Lemon balm / Thyme — fresh energy and courage
- Honey & Milk — traditional Imbolc foods of nourishment and light

Optional Glaze (Tea Shop Style)

Mix:

- ½ cup powdered sugar
- 1–2 tsp honey
- enough milk to drizzle



Add a pinch of crushed chamomile for delicate finish.

a

Tea Time With The Wave



Imbolc Renewal Tea Blend

Flavor profile: Lightly floral, gently sweet, warming, and uplifting

Energetics: Cleansing, heart-opening, softly energizing

Ingredients (by parts)

Use any measuring spoon — just keep the ratios the same.

- 3 parts Nettle leaf – spring tonic, renewal, green vitality
- 2 parts Chamomile – gentle warmth, peace, sun energy
- 2 parts Lemon balm – brightness, joy, light returning
- 1 part Rose petals – heart opening, devotion, beauty
- 1 part Lavender – purification, calm, sacred fire balance
- ½ part Ginger root (cut & sifted) – warming spark, Imbolc fire

Optional Additions (choose one if desired)

- Orange peel – for solar energy and brightness
- Cardamom – for sacred warmth and sweetness
- Marshmallow root – to symbolize milk/nourishment (very Brigid-aligned)

Brewing Instructions

1. Use 1–1½ tablespoons per 8–10 oz hot water
2. Steep 10–12 minutes (covered)

Excellent with a touch of local honey or a splash of warm milk

Demeter's Apothecary

Imbolc in the Apothecary: Herbs, Fire, and the First Stirring of Spring

As winter loosens its hold and the earliest whisper of spring begins to rise beneath the soil, Imbolc arrives as a festival of light, renewal, and gentle awakening. Traditionally observed around February 1st–2nd, Imbolc marks the midpoint between the winter solstice and the spring equinox. In the apothecary tradition, it is a sacred turning — a time to cleanse, to kindle, and to prepare body and spirit for the growing season ahead.

Rooted in Celtic lands and long associated with Brigid — goddess of healing, poetry, smithcraft, and sacred wells — Imbolc is especially dear to herbalists, tea blenders, and plant-wise folk. It is a season of purification, inspiration, and the tending of small but powerful flames.

Below is a guide to celebrating Imbolc through the lens of the apothecary.

The Apothecary Themes of Imbolc

Light: The returning sun, candle rituals, clarity of intention

Purification: Cleansing the home, body, and tools

Inspiration: Creative awakening and study

Preparation: Seed planning, formula refining, restocking herbs

Healing Waters: Infusions, sacred wells, and mineral nourishment

Imbolc is not yet the riot of spring — it is the promise of spring. The apothecary honors this with gentle, nourishing, and clarifying practices rather than intense detox or heavy stimulation.

Herbs of Imbolc

These herbs align with Imbolc's energies of purification, protection, inspiration, and early growth.

Cleansing & Renewal Herbs

- Nettle — mineral-rich, fortifying, awakens the blood
- Dandelion root — liver support, winter stagnation clearing
- Burdock — deep tissue and blood purifier

- Cleavers — lymphatic mover, spring channel opener

Brigid's Fire & Inspiration Herbs

- Rosemary — memory, clarity, protection
- Bay leaf — vision, prophecy, intention setting
- Mugwort — dreamwork and inner sight
- Angelica — protection and spiritual guidance

Gentle Heart & Light Herbs

- Chamomile — calm renewal
- Lemon balm — uplift and soft joy
- Calendula — golden solar healer
- Lavender — purification and peace

Imbolc Tea Blends

Bright Hearth Tea

A comforting blend for warmth and clarity.

- Lemon balm
- Chamomile
- Rosemary (a small pinch)
- Orange peel

Steep covered for 10–15 minutes. Drink while lighting a candle and naming your intentions for the coming season.

Early Spring Mineral Infusion

A traditional nourishing tonic.

- Nettle leaf
- Red clover
- Oatstraw



Use 1 ounce herb blend per quart of hot water. Infuse 4–8 hours. Sip throughout the day to rebuild after winter.

Apothecary Imbolc Ritual Practices Candle & Herb Blessing

Light a white or beeswax candle. Pass your jars, tools, and blends through the candlelight (safely) and speak a blessing for their work in the coming year. This is especially meaningful for tea makers and herbal crafters.

Cleanse the Shelves

Imbolc is an ideal time to:

- Rotate older stock
- Refresh labels
- Clean jars and drawers
- Review formulas
- Discard faded herbs respectfully (compost if possible)

Infusion of Intention

Write a goal or prayer on a bay leaf. Hold it over steam from a hot herbal infusion and speak your intention aloud. Keep the leaf in your apothecary space.

Sacred Waters & Imbolc

Historically, Imbolc is tied to sacred wells and healing springs. Honor this by working with water intentionally:

- Prepare long-steeped infusions
- Make floral waters
- Cleanse with herbal baths.
- Bless your kettle before brewing.

A simple Imbolc bath blend:



- Lavender
- Calendula
- Rosemary

Tie in cloth and steep in bathwater.

Preparing for the Growing Season

For herbalists and tea houses alike, Imbolc is a planning moon:

- Order seeds
- Design new blends
- Study new materia medica
- Journal formula ideas
- Sketch garden layouts
- Begin sprouting trays indoors.

This is the season of notebooks, candles, and warm cups beside careful plans.

A Closing Apothecary Blessing for Imbolc

May your shelves be full,
Your waters are clear,
Your fire is steady,
And your remedies are wise.
May what sleeps now awaken in right time —
In the garden, in the body, and in the heart.



Magical Animals

By Rev. Catherine Dragoni

The Bluebird

Although I have come to appreciate winter more and more since retirement, after a certain point, it does begin to wear out its welcome. The daily chores of cleaning the woodstove, sweeping up debris, hauling in more wood, and building a new fire start to get a little old. Don't get me wrong – I am very grateful for our woodstove,

and how quickly it warms the house. We do have an oil furnace, but burning wood reduces our oil consumption. And there is nothing cozier than a wood fire.

But on this night – one of the coldest so far this winter – I feel a bit like the Callleach, bringing in a store of kindling and logs that will hopefully last for the entire evening.

One of the bright spots of these cold days is our birds. We maintain several feeders, and are rewarded with cardinals, bluejays, chickadees, tufted titmice, sparrows, finches, nuthatches, woodpeckers, mourning doves – and a flock of bluebirds. We didn't use to have bluebirds at our feeders. I'd hear them around the yard, but never see them.



A few years ago, I started putting out mealworms, and like magic, the bluebirds came. They became regular customers over time, and their numbers seem to have increased. We now have a flock, with at least a half dozen showing up after I put the mealworms out. There is even a couple who perch together at the small tray. My husband watches from inside the house as I replenish the feeders, and he says the bluebirds show up the minute I turn my back. The male's plumage is such a brilliant blue, a cheering sight on a gray, cold day.



The bluebird is a symbol of joy and happiness, more often associated with spring than winter. But our bluebirds bring us such pleasure, we think it is fitting to celebrate them in midwinter, as we approach Imbolc. The bluebird brings us a message of hope – the wheel is steadily turning, and spring is not far behind. Bluebird teaches you to choose happiness, even when life seems to be in complete disarray. Count your blessings, take control of your life, and do not let anything steal the happiness you derive from the good things in your life. Seek positivity, and consider your cup half full. Bluebirds can be harbingers of good fortune – you

can look forward to better things on your horizon. Let the Bluebird guide you to spring!

Totally Tarot

By Rv Silas Mimir AP~



This month, let's do a brief reading of three cards.

- Ten of Swords
- Four of Swords
- Three of Swords

Wow! There are a lot of difficult emotions right now. You feel stuck, but at the same time hurt by someone else. And then, on the other hand, there is a disagreement with a loved one. Keep this in mind as we move

forward this season. We all go through ups and downs. There is no reason to believe that we will not get through this one. Just like the mermaid trapped in the ice box, a break is never a bad thing to regroup and make a plan to move forward and get out of this rut. Better times will come soon, and you will be able to put this behind you. Do not forget that disagreements happen all the time. Keep a cool head and fix it, if it is worth it, or leave it in the past and learn from it.

Special Events

All times are Eastern Standard Time

February - As the cold winter winds begin to soften and the days grow longer, February invites us into a season of transformation. It's a time of transition, where we say goodbye to the stillness of winter and begin to welcome the fresh energy of spring. Just as the earth shifts beneath our feet, this month encourages us to reflect on our own personal growth. Now is the perfect time to shed old layers and prepare for renewal. Whether it's a shift in mindset, embracing new habits, or reawakening our passions, February offers us the space to bloom from within. February stirs the first whispers of awakening beneath frozen ground, where hope takes root in the liminal space between death and rebirth.

1st Imbolc - High Winter, festival of Brigid, celebrating returning light, creativity, and hearth blessings. Marks the midpoint between the Winter Solstice and the Spring Equinox in the Northern Hemisphere. Honors Brigid, Goddess of the hearth, poetry, and healing, symbolizing purification and the rekindling of the inner flame as the light slowly returns.

Southern Hemisphere: Lammas/Lughnasadh, the festival of first harvests and gratitude for abundance.

Full Snow Moon in Leo - A time for cleansing, renewal, and restoring inner fire. Known as the Snow Moon, it symbolizes endurance and clarity during the heart of winter. With the moon in Leo, it invites expression, courage, and creative leadership - encouraging us to bring warmth and vitality to the coldest season.

2nd Candlemas: A day for blessing candles and tools, welcoming the promise of spring. Often syncretized with Imbolc, emphasizing themes of renewal, divine illumination, and hope.

4th Disablot: Norse honoring of female ancestors and protective spirits.

13th Parentalia: Roman period honoring the ancestors, familial spirits, and the dead.

14th Valentine's Day: A celebration of love, devotion, and connection. Rooted in both ancient fertility customs and the feast of St. Valentine - a day to honor love in all forms - romantic, platonic, and divine.

15th Lupercalia: Ancient Roman festival of purification and fertility. Celebrating the coming spring - traditionally honored Faunus (Pan) and the she-wolf who nursed Romulus and Remus. Modern pagans often reimagine this as a festival of sacred sexuality, vitality, and cleansing before spring's arrival.

17th New Moon in Aquarius. This new moon occurs in Aquarius and coincides with a partial solar eclipse, amplifying the energy for breakthroughs, innovation, and forward-thinking intentions. It's an ideal time to set goals around community, collective growth, and embracing new, unconventional approaches.

Partial Solar Eclipse: Visible from the southern parts of Africa and the southern tip of South America, as well as Antarctica.



18th Celtic Tree Month of Ash begins: Symbol of cosmic connection, growth, and wisdom. Growth, balance, and connection between worlds - the world tree linking heaven, earth, and sea. Encourages integration of spiritual insight into everyday life.

28th Cake Day: A day to honor deities and ancestors with offerings of baked goods. A modern pagan day of offering cakes and candles to honor deities and ancestors. Symbolizes gratitude and remembrance - sharing sweetness with those who came before and inviting blessings for the cycles ahead.

March - Channels the warrior's courage to break through winter's last barriers, urging us to plant seeds (both literal and metaphorical) in freshly awakened soil. March marks a beautiful transition from darkness into light, bringing with it a renewed sense of hope and optimism for what lies ahead. This month invites us to embrace its energy and channel it into meaningful actions - whether it's spring cleaning, nurturing a garden, or diving into creative endeavors. As we clear the old and make space for the new, we set the stage for personal growth and fulfillment, welcoming the fresh possibilities of spring with open hearts.

1st Matronalia: Roman festival of Juno, celebrating women, birth, and peace. Juno Lucino, Goddess of marriage, women, and childbirth. A day for celebrating feminine strength, nurturing, and renewal. Traditionally, husbands gave gifts to wives, and mistresses granted favors to female servants - symbolizing mutual respect and gratitude among women.

3rd Full Worm Moon in Virgo: Symbolizes thawing earth, renewed movement, and clearing obstacles. Marking the softening of the earth as life stirs beneath the surface. In Virgo, this lunation highlights healing, order, and balance - encouraging purification and readiness for the new growth of spring.

Total Lunar Eclipse (Blood Moon): A potent night for shadow work, emotional renewal, and divination. Visible in East Asia, Australia, the Pacific, and the Americas. Symbolically, a lunar eclipse brings emotional revelation and transformation - an energetic clearing before new cycles emerge.

8th International Women's Day: A day celebrating feminine power, equality, and historical contributions. A global celebration of women's achievements - social, cultural, economic, and political. Spiritually, it echoes the archetype of the Great Mother and the collective rise of feminine power across the world.

17th St. Patrick's Day: Cultural celebration with roots tied to Irish folklore and myth. In many pagan and Celtic-inspired traditions, the day also celebrates Ireland's ancient spirit, the land's green vitality, and the persistence of its mythic heritage beneath Christian overlays.

18th Celtic Tree Month of Alder begins: Represents determination, resilience, and spiritual journeys. A tree of protection, sacred to warriors and poets alike. Symbolizing bridging worlds - between water and land, heart and mind, seen and unseen.

19th New Moon in Pisces: Ignite fresh beginnings and bold action as the ram's fiery energy propels new ventures forward. This new moon brings a gentle, intuitive, and reflective energy. It's an ideal time for spiritual introspection, creative visioning, emotional healing, and setting intentions that honor compassion, imagination, and connection to your inner guidance.

20th Ostara (Spring Equinox): Celebration of balance, fertility, rebirth, and returning light. Marking the moment when day and night are equal. Associated with the Goddess Eostre, whose symbols of eggs and hares represent fertility and awakening.

Southern Hemisphere: Mabon (Autumn Equinox): Festival of balance, gratitude, and the second harvest. Marks a period of balance and gratitude for the harvest. This festival celebrates harvest abundance, equilibrium, and connection to the Earth Mother.

Partnerships

Be sure to visit these partners and show some love!!

Customized Sigils: Round \$5, Square \$7. Contact Salena Murdock at murdocksam1@yahoo.com.



Winifred's Garden - Tea, Candles & Apothecary

Born in 1918, Winifred was taught to love and use natural plants. This tradition continues with Winifred's Garden.

We are a female-run, small-batch, handcrafted herbal company. We formulate all products with the highest quality ingredients and promise to always deliver products that are as natural as possible. We also guarantee to source our raw materials from trusted suppliers. Come through the gate and enjoy a relaxing afternoon of tea and shopping. We can be found on Facebook and Instagram.

Silas the Sea Witch LLC



Silas the Sea Witch is growing and has many offerings! Feel free to browse my witchy merch at <http://silastheseawitch.store>.

Also, our new website is powered by buymeacoffee!

Become a member and grow as a sea witch with me! Also, book a unique Sea Rune reading under the SHOP tab.

<http://silastheseawitch.com>





CORRESPONDENCE TO THE EDITORS

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Presented by:

Publisher Rev. Stacey Blair, AP~

Publisher - Spanish: Rev. Silas Mimir, AP~

Editors - Spanish: Rev Hazsoly Bellatrix De Fira,
Rev Silvia González Dávila HP, Maxine K Sims Reyes,
Rev Aran Cesare

Writers: Rev Bradley Fosterberry, Rev. Catherine Dragoni

