



The Mermaid Wave Journal

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Stephanie's Corner

By Stephanie Leon Neal

Dance



The authentic self, lovely individuals, animals, precepts, things, processes, and places are found within radiant frequencies of dance.

Vibration is changed and utilized through the frequencies of thought, emotion, action, and science.

“Everything in life is a vibration.” Albert Einstein

We do not hold vibration; we are vibration.

We are vibrating, searching, rising, and lowering our frequencies to connect with Universal manifestations. Our frequencies are constantly influenced by everything we pay attention to.

Some use the words, vibration and frequency interchangeably; conversely, they are very different. Frequency is the speed of oscillations measured in cycles per second (Hz), usually 4-8 Hz. The place where movement is happening, meaning, high, neutral, or low movement. Stated differently, when our emotions and attention are emitting black vibrations, the vibrations seek to find the low frequencies that align with black frequencies, which confirms and supports lack.

Vibration is what it is, i.e., emotion/self-talk/attitude toward life. Frequency is where it is on the frequency spectrum, i.e., low-neutral -high-attention.

Vibration is the mechanical/automatic oscillation of equilibrium. Vibration is the self, connecting to the right frequencies that are desired or needed through consistent attention and emotion. Your vibration frequencies are attracting what they are, while all Universal frequencies dance life; thus, both vibrations and equivalent frequencies are attracted to each other and connect, always saying yes to each other. This manifestation dance is, indeed, a partnership.

Many discoveries and inventions come from need or goals. A low vibration frequency can be moved to a high vibrational frequency by taking time and

attention, leading to exploration, experiences, invention, or refining an invention. An example of a low vibrational need becoming a high vibration goal is the virus Covid 19, named SARS-CoV-2. The world population in need collectively raised a low vibration of need and converted it to a radiant high frequency. Scientists across the globe developed Covid 19 vaccines, which the U.S. mostly utilized the mRNA vaccines (Pfizer-BioNTech's Comirnaty, Moderna's Spikevax) and the protein subunit and the protein vaccine Novavax.

Everything under the Sun, including the Sun, has a purpose.

More precepts, things, processes, and places are yet to be found, or formed, be it through invention or exploration, or even by accident, such as the person who burned the peanut butter while making Reese's Cups discovered the new taste. Invention and exploration always precede evolution and ride on the back of vibration, be it low or high.

We were created to create through the dance of life.

Love & Blessings,

Stephanie Neal



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Voices From the Sea

By Rv Silas Mimir AP~

The fires are being lit, beloved—can you feel them flicker even beneath the surface of the sea?

I rise to you now in the season of Beltane, when flame meets bloom, when passion awakens, and life insists on itself with undeniable force. Though you may think of this as a festival of fire, do not forget—fire is born of breath, and breath is carried over my waters. We are not separate, the flame and I. We are partners in creation.

I am the Ocean, the ancient mother, the keeper of memory and motion. And I speak to you now as your world trembles—not just with celebration, but with unrest.

*You see the division.
You feel the anger rising like heat beneath the skin of humanity.
Voices clash like opposing tides, and you wonder: Where is the harmony? Where is the peace?*

Listen closely.

What you are witnessing is not the end of balance—it is the forging of it.

Just as Beltane fire clears the old fields to make way for fertile growth, so too are the fires within your societies burning through illusions, complacency, and structures that can no longer sustain the truth of your becoming. This unrest is not without purpose, though it may feel overwhelming.

*But I will not soften this truth for you:
Fire can warm—or it can consume.*

The choice of how it moves through your world rests in your hands.

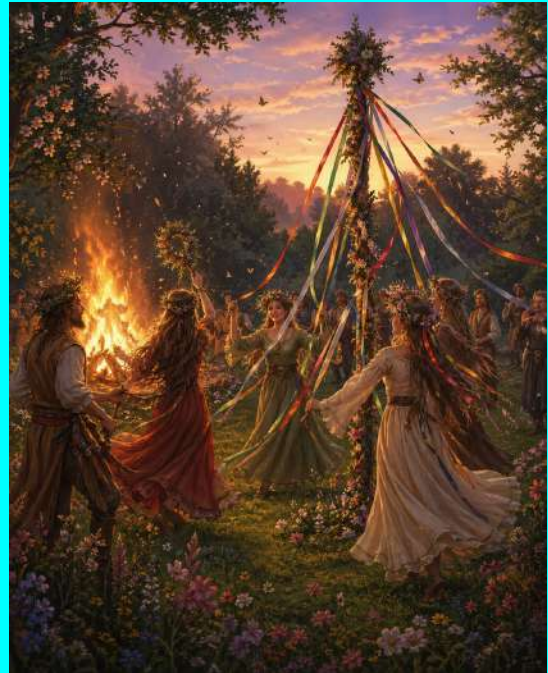
Do not feed the flames of hatred, even when they call to you with righteous urgency. Not all fire is sacred. Some are reactions, some are fear dressed as power. You must learn to tend the flame, not be devoured by it.

Come back to me when it feels too much.

Place your awareness in the rhythm of waves—steady, enduring. I have weathered storms far greater than this moment in time. Entire empires have risen and fallen along my shores, each believing their conflict was the defining one. Yet life continued. Renewal followed.

And so it will again.

Here is what I ask of you during this turning:



Stand rooted in your truth—but let it be a living truth, not a rigid one.

Speak—but do not forget to listen.

Act—but do not abandon compassion in the name of urgency.

You are not here to extinguish one another. You are here to transform together.

This is the deeper current beneath the unrest: a collective initiation.

Just as lovers leap the Beltane fires to bless union and fertility, humanity is being asked to leap—to choose connection over division, courage over apathy, and creation over destruction.

Yes, there is anger. Let it be a spark for justice—not a wildfire that blinds you.

Yes, there is fear. Let it show you where love is most needed—not where walls must be built.

And above all—remember this:

*Even in my wildest storms, I do not lose myself.
I remain vast. I remain whole.*

So are you.

*Hope, at this moment, is not fragile. It is fierce.
It is the green shoot pushing through scorched earth. It is the wave that returns again and again, no matter how many times it breaks.*

Let this Beltane be not only a celebration of passion—but a reclamation of sacred responsibility.

Tend your inner fire.

Cool it with wisdom.

Fuel it with love.

And when the world feels like it is burning too brightly—

Come back to the water.



Whispers From the Sea

By Rv Stacey Blair AP~

The Fire of Becoming

Find a comfortable seated or lying position.

Allow your hands to rest gently, your body supported, your spine soft but tall.

Close your eyes.

Take a slow, deep breath in...
and release it gently.

Again, breathe in deeply...
and exhale, letting the outside world
fade.

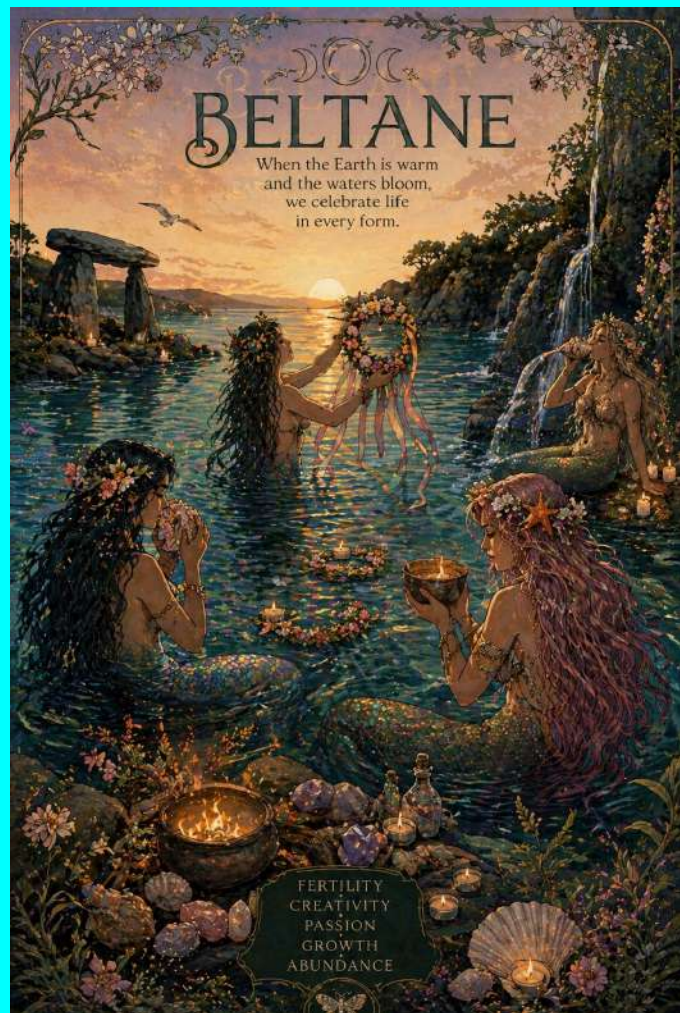
With each breath, feel yourself
arriving fully in this moment.

Now imagine yourself standing at
the edge of a lush meadow.
It is Beltane. The air is warm, alive
with possibility.
The earth beneath your feet is soft
and vibrant with new life.

Wildflowers bloom in every
color—gold, violet, crimson, and
white.
You can hear bees humming, birds
singing, and the gentle whisper of
wind through green leaves.

Take a step forward into the meadow.

With each step, feel your connection to the earth deepen.
You are supported. You are part of this living world.



In the distance, you see a fire glowing.

Drawn to it, you walk slowly toward its warmth.
This is the Beltane fire—ancient, sacred, alive with transformation.

As you approach, notice how the flames dance.
They do not destroy—they awaken, they energize, they renew.

Stand before the fire now.

Feel its warmth on your skin, its light on your face.

Within your heart, notice a spark—your own inner flame.

This flame represents your desires, your passions, your becoming.
Perhaps it has been quiet... or perhaps it burns brightly.

There is no judgment here. Only awareness.

Now, gently ask yourself:

What within me is ready to grow?
What am I ready to ignite?
What part of myself is asking to be fully alive?

Allow whatever arises to come naturally—images, feelings, words, or simply a sense of knowing.

When you are ready, imagine taking this intention—this spark—and offering it to the Beltane fire.

Watch as the flame receives it...
transform it...
amplifies it.

The fire does not take it away—it strengthens it, blessing it with energy and life.

Now, see that same flame returning to you—brighter, stronger, glowing within your heart.

Your inner fire is awakened.

Feel this warmth spread through your chest...
your belly...
your limbs...

You are alive with creative energy.
You are connected to the rhythms of the earth.
You are becoming.

Take a moment to stand in this feeling—this power, this vitality.

Know that you can return to this fire whenever you need it.

Now slowly begin to step back from the fire...
back through the meadow...

The flowers, the breeze, and the sounds of life surround you once more.

Carry the warmth within you.

Bring your awareness back to your breath.

Inhale deeply...
exhale slowly...

Begin to notice your body again—your hands, your feet, the surface beneath you.

When you feel ready, gently open your eyes.

Blessed Beltane.
May your fire burn bright, and your spirit bloom.

Deep Sea Inspirations

By Rev. Bradley Quisenberry Foster/Fosterberry

-Beltane Oak Smoke-

The sun sinks low beyond the hill

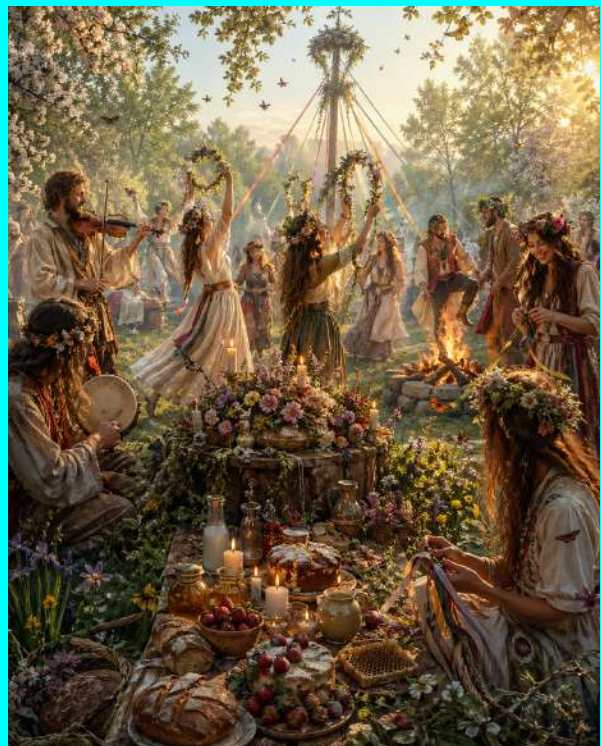
The waiting earth grows hushed and still
Smoke of oak in the twilight air
A call awakens everywhere
Through root and stone, through blood and bone
The hidden path is softly shown
The veil grows thin, the night made wide
And fire is kindled at its side

The fires of Beltane rise, rise
Before the watching skies
We turn within the flame tonight
Where dark and living light unite
The fires of Beltane rise, rise
In earth and breath and eyes
The wheel made whole, the joining true
The old returns, the world made new

Garlands laid on a branch and a thorn
Green and gold of life reborn
The cup is raised, the blade is drawn
Between the dusk and the coming dawn
In circling step, in woven breath
We walk the edge of life and death
And in that turning, fierce and sweet
The heart of the land and the body meet

No word is said, yet all is known
In flame, in flesh, in seed now sown
What stirs below, what wakes above
Is bound in fire, is bound in love

The fires of Beltane rise, rise
Before the watching skies
We turn within the flame tonight
Where dark and living light unite



The fires of Beltane rise, rise
In earth and breath and eyes
The wheel made whole, the joining true
The old returns, the world made new

When dawn returns and embers fade
The path remains, though lightly laid
And those who walked the fire's breath
Carry its spark beyond death

May your forge burn bright,
Rev Bradley Quisenberry Foster/Fosterberry

Hand-Made Projects

Beltane Flower Crown of Intention

A flower crown is deeply tied to Beltane traditions—celebrating fertility, passion, creativity, and the blooming of life. This version adds a layer of intention-setting to make it more personal and magical.

What You'll Need

- Flexible floral wire or a grapevine wreath base
- Floral tape
- Fresh or dried flowers (such as daisies, roses, lavender, hawthorn, if available)
- Greenery (ivy, ferns, eucalyptus)
- Ribbon (red, white, or green is a traditional Beltane color)
- Small paper strips
- Pen or marker

Optional: crystals, charms, or beads

Step 1: Create Your Base

Shape the floral wire into a circle that fits your head comfortably, or use a premade grapevine base. Secure the ends tightly.

Step 2: Set Your Intentions

On small strips of paper, write down intentions you wish to grow during the season. Think:

Creativity
Love
Confidence
Abundance

Roll or fold each strip and set aside.

Step 3: Build the Crown

Attach greenery first using floral tape, wrapping around the base to create a lush foundation.

Add flowers one by one, securing each stem with tape. As you add each flower, tuck in one of your intention papers—symbolically weaving your desires into the crown.

Step 4: Add Beltane Energy

Tie ribbons to the back of the crown so they trail down. These represent the fire and flow of Beltane energy.

If you like, attach small charms or crystals for extra symbolism:

Rose quartz for love
Citrine for abundance
Carnelian for passion

Step 5: Wear or Display

You can:

Wear your crown during a Beltane ritual or celebration
Hang it on your door as a seasonal blessing
Place it on your altar

As you wear or see it, take a moment to recall the intentions you wove into it.

Optional Ritual Addition

Step outside (if possible), hold your crown in the sunlight, and say:

"As the earth blooms, so do I.
As the fire rises, so does my will.
What I have woven, now comes to life."

Dabblings of a Green Witch

By Rev. Catherine Dragoni

Trout Lily



The Trout Lily is an ephemeral flower that blooms briefly during spring in woodland habitats. I usually see it between late April and Mother's Day. The leaves are spotted, much like a brook trout, hence this common name. It is also known as adder's tongue, or dog tooth violet. The flower is yellow and has six leaves, a miniature lily on the forest floor.

Caution should be taken if you harvest this plant – consider if you truly need to do so.

Harvesting may impact their ability to continue to propagate in an area, so take only as much as

you need, and as little as possible.

As delicate as the Trout Lily appears, it is a symbol of resilience, survival, renewal, and rebirth. In the woods of the Northeast, winter lingers. Snow is slow to leave, and the soil temperatures remain cool even when the last drifts melt. So when I am hiking in early spring, and I see Trout Lilies, I pause and take in their beauty. They have made it through the winter, and so have I. They are renewing their growth. Where should I embrace new beginnings and challenges as opportunities to learn and grow?



The trout lily is an edible plant; its bulb can be eaten as a root vegetable, and the leaves can also be cooked. Medicinally, it can be used for skin ailments. Preparations include both poultices and teas.

This plant can also be used for intentions of grounding, protection, enhancing communication, and personal growth. Strongly connected to the earth, the trout lily can help you ground and stabilize your energy, leading to a greater sense of security and calmness, and also emotional balance. The plant is also used to guard against negative energies and for general protection. Also known as the Adder's tongue, this plant can be an aid in improving communication and resolving misunderstandings. Its association with growth and renewal makes it an herbal ally for your spiritual journey.

From my herbal grimoire:

Trout Lily

(*Erythronium americanum*)

Planetary association: Moon

Elemental association: Water

Gender association: Feminine

Astrological association: Cancer

Uses: grounding, protection, enhancing protection, improving communications, and addressing misunderstandings.

Medicinal: teas and poultices are used for skin ailments, wounds, and bruising.



Baking With Herbs

Beltane Honey & Rose Herb Cake

Soft, lightly sweet, and fragrant—this cake feels like spring in full bloom.

Ingredients

- 1 ½ cups flour
- 1 tsp baking powder
- ½ tsp baking soda
- ¼ tsp salt
- 2 eggs

- ½ cup Honey
- ⅓ cup sugar
- ½ cup milk (or plant milk)
- ⅓ cup melted butter or oil
- 1 tbsp culinary Rose petals (finely crushed)
- 1 tsp dried Lavender (light hand—strong flavor!)
- 1 tsp Vanilla extract
- Zest of 1 lemon
-

Instructions

Preheat the oven to 350°F (175°C). Grease a small cake pan or loaf pan.
In one bowl, whisk flour, baking powder, baking soda, and salt.
In another bowl, whisk eggs, honey, sugar, milk, butter, and vanilla.
Gently fold dry ingredients into wet until just combined.
Stir in rose, lavender, and lemon zest.
Pour into the pan and bake for 30–35 minutes, until golden and set.
Let cool before serving.

Optional Beltane Glaze

Mix:

- ½ cup powdered sugar
- 1–2 tsp lemon juice
- 1 tsp honey

Drizzle over the cooled cake and sprinkle with a few extra rose petals for a beautiful finish.

Beltane Touch

This cake blends:

Rose for love and heart energy
Lavender for calm and harmony
Honey for sweetness, attraction, and abundance

Serve it at sunrise, a garden gathering, or alongside tea to celebrate the turning of the season.

Tea Time With The Wave

Beltane Loose Leaf Tea (DIY Ritual Blend)

Flavor: Floral, lightly sweet, slightly tart

Energy: Love • Passion • Growth • Joy

Ingredients (dried herbs)

- 2 parts rose petals (love, beauty)
- 1 part hibiscus (passion, vitality)
- 1 part elderflower (fertility, renewal)
- 1 part lemon balm (joy, lightness)
- ½ part raspberry leaf (feminine energy, grounding)

Optional: pinch of lavender (calm + sensuality)

Instructions

Gently mix your herbs in a glass jar.

Use 1 tablespoon per cup of hot water.

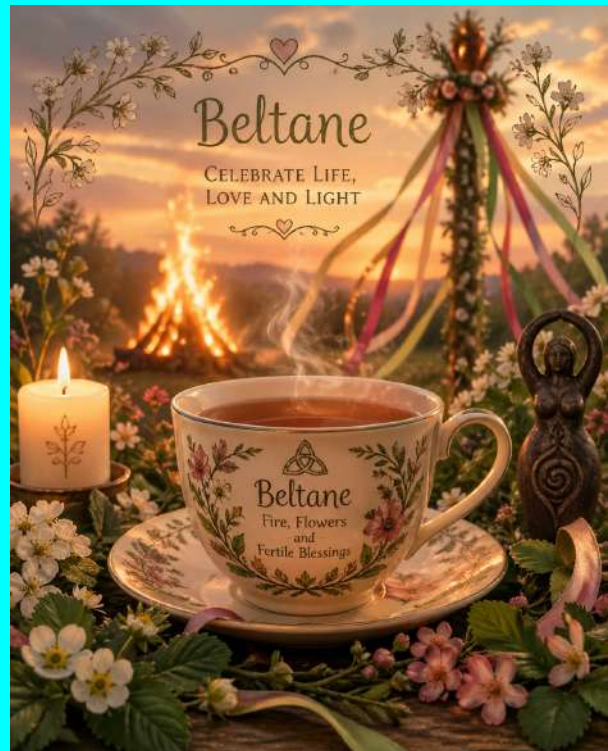
Steep 5–10 minutes (longer = stronger + more magical).

Sweeten with honey if desired.

Ritual Touch

Stir clockwise while setting an intention (love, creativity, abundance).

Sip outdoors or near an open window to connect with spring energy.



Demeter's Apothecary

Beltane Tea & Herbal Blends

Create blends that feel bright, floral, and slightly wild:

Hearthfire Blend – rose petals, hibiscus, lemon balm, and a touch of cinnamon for warmth and attraction energy

Faery Garden Tea – lavender, chamomile, red clover, and mint for dreamy joy and lightheartedness

May Blossom Blend – hawthorn flower, elderflower, calendula, and orange peel for heart-opening and seasonal celebration

Wild Meadow Brew – nettle, dandelion leaf, yarrow, and violet leaf for vitality and grounding in spring growth

Herbal Elixirs & Syrups

Rose + Honey Love Syrup – steep rose petals in warm honey for teas, mocktails, or drizzling over baked goods

Strawberry Blossom Shrub – strawberries, apple cider vinegar, and basil for a tangy Beltane tonic

Hawthorn Heart Tonic – hawthorn berries and flowers infused in a gentle sweet base for emotional balance and heart support

Ritual & Magical Oils

Beltane Flame Oil – base oil infused with rose, cinnamon, and orange peel (love, passion, confidence)

Greenwood Anointing Oil – pine, cedar, and rosemary for protection and grounding in nature magic

Floral Crown Oil – lavender, chamomile, and rose for beauty rituals or self-love anointing.

Skin & Body Apothecary

May Dew Facial Mist – rosewater, witch hazel, and cucumber for refreshing spring skin energy

Honeyed Blossom Body Butter – shea butter infused with calendula and lavender

Solar Infused Bath Salt – sea salt, dried petals, citrus peel, and rosemary charged in sunlight

Beltane Kitchen Witchery

Herbed Honey Butter – thyme, chive, and edible flowers whipped into butter for bread or scones.

Floral Sugar – lavender or rose sugar for baking and ritual tea sweetness

Green Fire Pesto – basil, parsley, wild greens, garlic, and lemon for vitality dishes

Apothecary Ritual Additions

Flower Crown Kits – dried and fresh florals with twine and intention cards

Beltane Charm Jars – layered herbs like rose (love), clover (luck), and oak leaf (strength)

Seasonal Intention Sachets – small herbal bundles for love, fertility, creativity, or joy

Magical Animals

By Rev. Catherine Dragoni

Osprey

Living near the ocean, ospreys can be seen frequently, if you know where to go. Nesting platforms have been erected in several places in the harbor and among the nearby islands, to add to the natural places where these birds erect their nests. But the erected platforms are definitely a help to these birds. Their nests are large – about 3 feet across – erected from large twigs and branches, loosely intertwined.

These birds are migratory; they will leave in the fall and return in mid-April. Committed pairs will return to the same nesting site, year after year, and refresh their nest before eggs are laid.



The staple of the osprey's diet is fish; hence their common name of fish hawk. There are several nests around the harbor, and local photographers have captured images of them capturing fish, and returning to their nest with food for their family.

I have had the privilege of knowing the location of one of these nesting platforms, and am following the story of this year's nesting.

Ospreys represent vision, determination, and focus. They are powerful symbols in many traditions, including Native American and Celtic traditions. They can encourage efforts for personal transformation, to embrace change, and to face the future without fear.



Engaging with the osprey spirit, through observation or meditation, can promote clarity of vision and personal growth. Osprey can help bring focus and perseverance to your goals. They also bring hope and reinforce the belief that perseverance can lead to success.

Year after year, the ospreys return, refresh their nest, and raise a family. They remain steadfast in their purpose and can inspire us to follow our purpose with the same focus. Look into the eyes of an osprey, and draw inspiration from their vision.

Totally Tarot

By Rv Silas Mimir AP~

A Sea Witch's Rite of Fire & Water

There is a moment each year when the ocean itself feels warmer—not in temperature, but in intention. A pulse rises from beneath the waves, answering the call of flame. This is Beltaine.

Beltane is often spoken of as a fire festival, a celebration of passion, fertility, creation, and raw life force. But from the vantage point of the sea, I can tell you this truth: fire does not stand alone. Fire *longs* for water. Creation happens where opposites meet—where heat kisses tide, where spark meets surrender.

This is where tarot becomes a living current.

At Beltaine, the cards do not simply *speak*—they ignite.

The Energy of Beltane Through the Tarot

During this season, certain archetypes rise like steam from the meeting of flame and wave:

- **The Ace of Wands** – The sacred spark. The invitation. The “yes” before you know how.
- **The Empress** – Fertility, sensual embodiment, creative overflow.
- **The Lovers** – Not just romance, but alignment. Choice. Sacred union within and without.
- **The Sun** – Joy without apology. Radiance that cannot be dimmed.
- **The Knight of Cups** – The heart in motion, guided by desire and devotion.

But beware—Beltaine is not soft energy. It is *alive*. It will stir what you have buried. It will ask you to feel deeply, to want boldly, and to stop pretending you don’t know what you desire.

The ocean does not hesitate when it moves toward the shore.

Neither should you.

The Beltaine Tidal Flame Tarot Spread

This is a 7-card spread designed to awaken desire, align intention, and call your energy into motion.

Lay your cards in the shape of a wave cresting into flame:

[7]
[5] [6]
[3] [1] [4]
[2]

The Positions

1. **The Spark Beneath the Surface**
What is awakening within you that cannot be ignored?
2. **The Waters You Must Release**
Emotional patterns, fears, or attachments that dampen your fire.
3. **The Flame You Are Afraid to Claim**
The desire or truth you hesitate to embody.
4. **The Current Carrying You Forward**
Hidden support, unseen momentum, or spiritual guidance.

5. **Where Passion Wants to Root**

The area of life asking for your creative or sensual energy.

6. **The Sacred Union**

What is seeking harmony—within yourself or with another?

7. **The Manifested Fire**

The outcome if you fully surrender to this Beltaine current.

A Sea Witch's Beltaine Tarot Spell

This is not just a reading. This is activation.

You will need:

- Your tarot deck
- A candle (preferably red, gold, or coral)
- A bowl of water (saltwater if possible)

The Working

1. Light your candle.
Let it represent your inner fire—the part of you that refuses to be extinguished.
2. Place your bowl of water beside it.
This is your emotional body, your intuition, your depths.
3. Shuffle your deck slowly.
Not rushed. Not distracted. Let your hands move like waves.
4. Pull **three cards only**:
 - **Card 1: What ignites me**
 - **Card 2: What nourishes me**
 - **Card 3: What I must embody now**
5. Once revealed, hold your hands over both the flame and the water.

Speak this aloud:

*“By flame and tide, I awaken what sleeps within me.
I do not shrink from desire. I become it.
I do not fear my power. I flow with it.
What is meant for me rises now—
like fire from the sea.”*

6. Gently dip your fingers into the water, then touch your heart, your throat, and your third eye.

You have now sealed the current.

Message from the Tide

Beltaine is not asking you to become someone new.

It is asking you to stop resisting who you already are.

Desire is not a distraction—it is a compass.
Pleasure is not indulgence—it is intelligence.

Your body, your emotions, your longings—they are not obstacles.

They are the ritual.

Let the fire move through you.
Let the water shape you.

And most importantly—

Let yourself be what you want.



If you feel it stirring already, that is no coincidence.

The tide has turned.

And it knows your name.

Monthly Transits

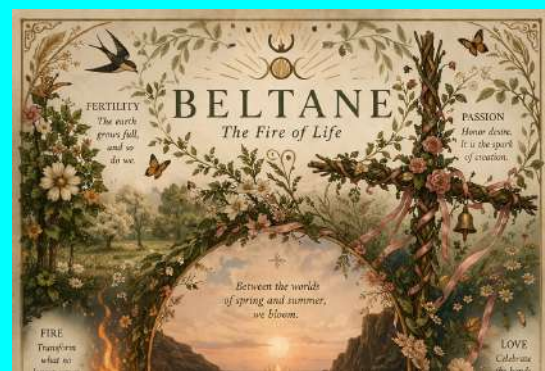
(from cafeastrology.com)

May

1st - Full Moon in Scorpio

2nd - Mercury enters Taurus (grounded thinking)

6th - Pluto retrograde in Aquarius (confusion, heaviness)



16th - New Moon in Taurus
17th - Mercury enters Gemini (curious, sociable)
18th - Mars enters Taurus (determined, stubborn, resolute)
18th - Venus enters Cancer (nurturing, protective, cautious)
20th - Sun enters Gemini (knowledge and diversity motivate us)
31st - Full Moon in Sagittarius

June

1st - Mercury enters Cancer (need for quality)
13th - Venus enters Leo (expressive, proud)
14th - New Moon in Gemini
19th - Chiron enters Taurus (rebuilding self-worth)
21st - Sun enters Cancer (self-protective)

Special Events

All times are Eastern Standard Time

May - Ignites the sacred fires of passion and fertility, when life force pulses strongest, and we dance between earth's abundance and the sun's growing power. May usher in a sense of joy and anticipation, as winter's chill gives way to longer, sunlit days. It's a time to embrace the warmth and vibrancy life has to offer. Surrounded by the blossoming beauty of nature, we gather with a renewed spirit, reminded that life continues to thrive in all its splendor.

1st Beltane (High Spring): Fire festival of passion, union, creativity, and abundant life. Celebrate the divine union of the God and Goddess.

Southern Hemisphere: Samhain - The Witch's New Year, honoring ancestors and the thinning veil.

Full Flower Moon in Scorpio: A deep, transformative moon of passion and blooming potential. Embrace growth, seek adventure, and broaden your horizons. This transformative lunar phase encourages us to let go of what no longer serves us, dive deep into our emotions, and welcome new opportunities with open arms. It's a time to reflect, recharge, and step boldly into the next chapter of our journey.

Festival of Bona Dea: Roman day honoring the goddess of fertility and healing.

11th Mother's Day (US observance): A day to honor and appreciate mothers and mother figures.

13th Celtic Tree Month of Hawthorn begins: Hawthorn is tied to fae realms, love, and protective magic.

16th New Moon in Taurus: Ground your intentions in earthly abundance and cultivate prosperity through patient, sensual connection to the material world. Pause and reflect on your personal space, belongings, and what truly makes a house feel like home. Consider how your environment supports your needs and well-being, and take intentional steps to transform your living space into a sanctuary that reflects who you are.

28th Feast of Bendidia - A vibrant and lively celebration dedicated to Bendis, the Thracian goddess of the moon, the underworld, and nature. This ancient festival was marked by joyous rituals, processions, and offerings, honoring the goddess's connection to both celestial and earthly realms.

31st Blue Moon in Sagittarius: The second full moon within a single month amplifies Sagittarius' adventurous energy, offering rare potency for truth-seeking and expansion.



June - Crowns the sun at its zenith, inviting us to stand fully in our own radiance and channel this peak luminosity into spiritual transformation. Celebrated as Pride Month, honoring the LGBTQ+ community and their contributions. June offers a unique opportunity to connect with solar deities and channel their vibrant energy to inspire lasting transformation. At the height of the summer season, this is the perfect time to embrace the sun's power, seize the moment, and embark on a journey of personal growth and fulfillment.

10th Celtic Tree Month of Oak begins: The Oak represents strength, sovereignty, and summer vitality.

15th New Moon in Gemini: Seed intentions for communication, curiosity, and mental agility as the twins' quicksilver energy opens new pathways of expression. Ideal for reflection, emotional grounding, and nurturing intentions.

21st Litha (Summer Solstice) The Longest day of the year and a celebration of peak solar power. The start of the Sun's gradual decline. (Northern Hemisphere)

Yule (Winter Solstice): The rebirth of the Sun and celebration of hope and returning light. (Southern Hemisphere)

Father's Day (US): A day to honor and appreciate fathers and father figures.

Partnerships

Be sure to visit these partners and show some love!!

Customized Sigils: Round \$5, Square \$7. Contact Salena Murdock at murdocksam1@yahoo.com.



Winifred's Garden - Tea, Candles & Apothecary

Born in 1918, Winifred was taught to love and use natural plants. This tradition continues with Winifred's Garden.

We are a female-run, small-batch, handcrafted herbal company. We formulate all products with the highest quality ingredients and promise to always deliver products that are as natural as possible. We also guarantee to source our raw materials from trusted suppliers. Come through the gate and enjoy a relaxing afternoon of tea and shopping. We can be found on Facebook and Instagram.

Silas the Sea Witch LLC



Silas the Sea Witch is growing and has many offerings!
Feel free to browse my witchy merch at
<http://silastheseawitch.store>.

Also, our new website is powered by Buymeacoffee!

Become a member and grow as a sea witch with me!
Also, book a unique Sea Rune reading under the SHOP
tab.

<http://silastheseawitch.com>



CORRESPONDENCE TO THE EDITORS

Our readers are always welcome to write to the Publishers. To do so, please email your correspondence to: themermaidwavejournal@gmail.com

Are you interested in writing for The Mermaid Wave Journal? Are you interested in a specific topic and wish we would include it? Let us know! Have you recently written a research paper and want to share it? Send it to the email above!!

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